

CMR



Medical Internship

Name: _____

Internship Location: _____

Internship Reminders

1. Arrive daily 5-10 minutes early. Be ready to start your day rather than walking through the door at the designated time.
2. Dress appropriately and professionally EVERY DAY. As you get more comfortable at your internship, do not allow yourself to dress down to a “comfortable” level. Discuss dress with your preceptor before your first day so you are aware of the expectations and stick to those expectations. Wear professional COMFORTABLE shoes everyday and expect to be on your feet for multiple hours.
3. Call your internship preceptor if something comes up such as illness or you’re running late.
4. Cell phones are to be OFF and out of sight ALWAYS. NO TEXTING allowed.
5. Be an active participant in this internship. The more you participate, the better your experience is going to be!
6. Represent yourself and your school in a positive manner.

Philosophy of Med Prep Internship

The Med Prep Internship is intended for the student who wishes to explore a career in the medical field in greater depth than possible through the regular curriculum. The internship is an extension of the curriculum, which affords the student an opportunity to go above and beyond the curriculum. The internship will offer a letter grade after completion of 45 or 90 hours per semester and will count as a .25 or .5 elective credit respectively, per semester. Please note that the internship option is to be exercised only at the discretion of the teachers and is purely voluntary.

CMR Med Prep Internship Expectations

Students will:

- complete 45 or 90 hours to be determined by internship location.
- develop goals and objectives for learning experience with ongoing revision if necessary.
- use good judgment at all times and report any concerns to internship preceptor and CMR internship coordinators.
- be responsible for effectively communicating with supervising staff at all times regarding questions and concerns.
- behave and dress professionally at all times.
- assure patient confidentiality.
- make their internship a priority, be dependable for internship preceptor, and be flexible with their own personal schedule.
- show understanding and compassion for the patient and/or family.
- respect your internship preceptor by following directions, going above and beyond, and trusting their authority.
- develop a sense of responsibility to the patient and their treatment plan by presenting a minimum of two case studies to the CMR internship coordinators.
- follow all policies and procedures of the internship location.
- reflect on the process of holistic care, hospital dynamics/relationships, and family interactions.
- actively engage in their internship experience by being a self-directed learner.
- be assessed twice during the course of their internship by their preceptor.

Med Prep Internship Contract

The student, parent(s) and supervising teacher shall complete and sign/initial the internship contract after discussion of the expectations and guidelines of the internship.

In signing this contract, I, _____ (print name), will do my best to carry out my internship to the best of my ability. I understand and agree to the conditions of this contract. In addition, I am aware that failure to meet any of the expectations will result in dismissal from internship, an "F" in the course, and possible disciplinary action.

Student Parent I will follow the expectations of the med prep student.

Student Parent I will properly document my hours.

Student Parent I will complete all 45 or 90 of my internship hours and will not renege on my commitment to the internship preceptor, staff, and site.

Student Parent I understand the importance of confidentiality when dealing with the medical profession and will practice complete confidentiality during and after my internship.

Student Parent I will do my best to represent CMR High School and myself respectfully.

Student Parent I will act as a professional and learn as much as possible about the medical career during my internship.

Student's Signature

Date

Parent(s)'s Signature

Date

Teacher's Signature

Date

Staff Representative Meeting Log

Student MUST document EACH meeting with Ms. Virts. You are responsible for bringing this log sheet with you to every meeting. It is NOT Ms. Virts responsibility to keep track of dates...you need to be responsible and keep track as you go!

<u>Date</u>	<u>Purpose of Meeting</u>	<u>Assignment Due/Comment</u>	<u>Virts Signature</u>
1. Sept. 3	Discuss location specifics, packet given		
2. Sept. 23	Fashion Show, prepacket complete		
3.	Turn in hours sheet (1-15)		
4.	Discuss 1 st preceptor rubric		
5.	Turn in hours sheet (16-30)		
6.	Complete in progress packet		
7.	Turn in hours sheet (31-45)		
8.	Discuss 2 nd preceptor rubric		
9.	Present Case Studies		
10.	Turn in Final Paper		
11.	Dress Rehearsal (Optional)		

Pre-internship Exploration

Prior to your internship, please take some time to reflect and research the following questions. Answer each of the questions in COMPLETE sentences.

General Reflection

1. List 5 learning and career objectives you hope to accomplish during your internship.

Examples: I want to be able to proficiently demonstrate....

I want to explore...

I would like to learn more about...

1.

2.

3.

4.

5.

2. What intimidates you prior to beginning your internship?

3. What excites you prior to beginning your internship?

4. What is your current definition of professionalism? Please address issues such as dress, nonverbal and verbal communication, attitude, and level of engagement.

5. What are your current thoughts of medical care in Montana? Does the United States deliver a high standard of care? Explain.

Working Conditions

6. Describe the current job market for this profession. Is this a growing field or is this field saturated with current employees?

Education

7. What type of training, advanced education, or certification is necessary for this profession (years of school, degree earned, clinical/internships)?

8. Can you earn this degree at a Montana school? Where? If not, what schools offer this degree? How competitive are the programs?

9. How might you best prepare yourself for admission into a program of study for this profession (i.e. community service, CNA, work experience)?

Salary Range

10. What is the starting or average salary range for this profession in the state of Montana and/or Great Falls? Out of the state of Montana?

Social Issues:

11. What preconceived notions do you have about this profession and work environment based on your prior experience and/or media?

Case Studies:

12. You will need to present 2 case studies to the CMR internship coordinators. Topics to address in case study:

- Symptoms
- Diagnosis
- Tests ordered and results
- Research necessary to understand case
- Patient support system (i.e. friends, family)
- Interaction with medical staff
- At case completion, what could have been done differently

Please be thinking of these case studies as you start your internship. Find 2 cases that really interest you or affect you emotionally. These case studies will be presented during 2nd semester.

In-progress Internship Exploration

Interview Questions:

(You will conduct an oral interview with your preceptor and record their answers in COMPLETE sentences.)

1. Describe the duties of your profession.
2. What shift/schedule do you work? How many hours in a typical week?
3. How would you rate the level of stress in this career? (1-least and 10-extremely stressful) Explain.
4. Do you work independently or as a part of a team?
5. What type of training did you receive? (years of school, classes taken, clinical/internships)
6. What type of continuing education is required? How often? How many credits?
7. Are there benefits of an advanced degree in this profession? Explain.

8. Can you tell me about programs of study for this profession in Montana and elsewhere? How competitive are the programs? Can you offer some advice about how I should best prepare for admission into a program of study for this profession?

9. What factors affect salary? Shift worked, degree, position?

10. What are the benefits offered by your employer? (health insurance, daycare, etc)

11. In your personal opinion, is health care reform necessary? Why or why not?

12. Describe several personality traits that are best suited for this profession.

13. Are there cognitive or physical skills that are favorable for this profession? Explain.

Complete the following questions in COMPLETE sentences on your own regarding your perception of the internship experience.

14. Describe the physical environment of your internship site. What is the “atmosphere” like? (colors of walls, pictures on wall, etc) How would you change it?

15. Describe how technology and/or equipment is used at this facility. Could it be used more efficiently? Explain.

16. Ask your preceptor for a list of policies and procedures that are followed at the workplace. Which procedures do you see staff following? Which procedures seem to be ignored or not adhered to?

17. What are the working relationships between peers, administration, subordinates, etc?

18. Did the professional allow the patient to tell "their story"?

19. List 5 terms you hear on a regular basis at your internship. Give a definition of each of the terms.

1.

2.

3.

4.

5.

20. Describe the language you are hearing between people at your internship. Are people using medical terminology or jargon?

21. Put yourself in the patient's shoes, is the conversation between healthcare professionals appropriate? Is the conversation directed toward the patient appropriate? Why or why not?

22. List and provide answers for at least 5 additional questions that you asked your preceptor, other than those listed in this packet.

Post Internship Exploration

Answer the questions in COMPLETE sentences.

1. Restate your 5 goals from your pre-internship packet. Did you meet your 5 learning and career objectives you set prior to the start of your internship? Why or why not?

2. Describe your most exciting moment during your internship.

3. Describe a moment during your internship where you were scared or uneasy.

4. What did you like best about the internship experience?

5. If you could do the internship over again, what would you do differently?

Internship Reflection

In a well constructed three paragraph essay, reflect on the following questions. Be sure to offer examples and explain your personal thoughts and experiences that will convey your true understanding of the internship experience. In your essay, address one questions per paragraph.

1. Does this career profile fit the 'vision' you have for your future? What fits? What does not? And why?
2. Did you see the type of health care professional you long to be? What attributes did you witness during your internship that you would like to see in yourself? What attributes did you see that you hope not to exhibit during your career? Explain what you as a future health professional person looks like and why.
3. Through the patient's perspective, did the patient(s) receive a high standard of care? (i.e. did the patient tell their story, did the patient have multiple doctors that communicated well together, was the patient the center of attention) Give at least one example.

Please remember that while I grade your paragraph on content, I also expect a topic sentence and cohesive flow throughout your paper.