

CMR TENNIS PLAYER AND PARENT EXPECTATIONS

RUSTLER TENNIS PLAYERS: We want to show our Rustler Pride in 3 main areas both on and off the court.

1. Be a good teammate: We believe in ourselves, in each other and in our coaches.

- * We work hard. Give 100% effort for yourself, your teammates and your coaches at practice and in matches.
- * We are disciplined: Be on time to practice and matches, be reliable and accountable for your actions. Be prepared with appropriate attire and equipment.
- * We are unselfish: Everything we do is for the betterment of the team.
- * We are respectful: Treat each other with kindness and respect on the court. Listen during instruction. Be helpful and encouraging to your teammates.
- * We are committed: Do what's right for each other and the program. Encourage your double's partner. Cheer on your teammates when they are playing.
- * We are trustworthy: Make good choices. Be in the right place, with the right people, doing the right things. Respect and keep team rules.
- * We take care of ourselves on and off the court: Keep up academically. Give advanced notice to your teachers of when you will be missing class and get homework assignments to bring on the bus. The bus ride is a great time to do homework. Stay healthy physically - get plenty of rest and eat well. HYDRATE before matches and while on the court.

2. Be a good opponent

- * Introduce yourselves before the match. Shake hands.
- * Returns balls directly to opponent at end of the point if they are serving.
- * Call the score so everyone can hear before each point.
- * Make correct line calls. Call them out verbally as well as using hand signals.
- * Discuss any issues with opponents at the net and with respect.
- * Compliment opponents on good play during the match: Nice shot, good point, etc..
- * Shake hands with your partner and then your opponent – win or lose- after the match.

3. Be a good representative: Being a C.M.R tennis player is a privilege and an honor. We will show character. We will be leaders. We will be role models. We will represent our school, community, team and families in a positive manner.

- * No racket or ball abuse.

- * No foul language.

- * Respect for others - Treat each other, coaches, faculty, staff, other schools and the public with kindness and respect.

- * Show appreciation – please and thank you.

- * Pick up after yourself wherever you go. Keep all your things together. Throw garbage away.

- * Adhere to all school, district and team rules and policies.

RUSTLER PARENTS: We want to partner with you to make this a great experience for all. We ask the following from our parents:

1. Desire success for everyone in the program.

2. Respect and trust the coaching staff.

3. Have a positive attitude towards coaches and players. Players follow your example.

4. NO COACHING while players are on court. This is against the rules and can lead to forfeit of matches.

5. Encourage your player positively whether they win or lose.

6. Give space after a match, especially a loss, for your player to decompress. Let them initiate the conversation about it. This may take a day or two, or never.

7. Communicate positively with the coaches. During practice or a match is not the appropriate time.